[Originating GP surgery’s letterhead/logo/address details]

Mrs/Miss/Ms [add patient’s name]

[Add address line 1]

[Add address line 2]

[Add address line 3]

[Add address line 4]

[add date]

Dear Mrs/Miss/Ms [add patient’s name],

**Reminder: the name of your oral contraceptive has changed from:**

**Marvelon®** (30 micrograms of ethinylestradiol and 150 micrograms of desogestrel)

**To:**

**Cimizt®** (30 micrograms of ethinylestradiol and 150 micrograms of desogestrel)

Cimizt® contains the **same active ingredients in the same amounts** as Marvelon®,and therefore **works in the same way**.

Please continue to take Marvelon®until you run out of tablets. As Cimizt® is the same strength as Marvelon®, after your normal ‘pill-free’ interval, simply start taking Cimizt® in the same way you took Marvelon®.

Your Cimizt® pack will contain a patient information leaflet, which will answer many of the questions you may have about your new brand of pill. You can also find out about Cimizt® at: [www.morningsidecontraceptives.com](http://www.morningsidecontraceptives.com). Simply go the website and click on ‘*I have been prescribed a Morningside Contraceptive’* then select ‘*Cimizt®*’.

Changing your prescription to Cimizt® should not cause you any problems or inconvenience.Cimizt® is just as effective at preventing pregnancy as Marvelon®. However, if you wish to discuss this change then please arrange to speak with one of our GPs or our Family Planning Nurse.

Yours sincerely,

Dr [add name]

Dr [add name] and Partners

**Cimizt®** is a registered trademark of Morningside Healthcare Ltd

**Marvelon®** is a registered trademark of MSD Ltd