

## About your pack of Yacella®

Each pack of Yacella® contains 63 tablets presented in 3 x 21 blister pack strips, which is sufficient for 3 separate 28 day cycles of contraceptive cover.

Each box of Yacella® also contains a detailed Patient Information Leaflet, which you should read carefully and put in a safe place. This provides important information that you should know when taking Yacella®, such as guidance on:

- · What to do if you miss a pill or several pills
- · What to do if you are late taking your pill
- · Medicines or illnesses that could make your pill less effective
- · Potential side effects, and what to do if they occur
- · Warning signs that indicate you should stop taking Yacella® and consult your doctor

You can also find out about Yacella® at: www.morningsidecontraceptives.com.

Simply go the website and click on 'I have been prescribed a Morningside Contraceptive' then select 'view more' under Yacella®.

# About your Yacella® prescription

Your doctor or other healthcare provider has prescribed Yacella® as your oral contraceptive method.

Yacella® is a combined oral contraceptive or 'birth control' pill that is taken to prevent pregnancy.1 Each tablet contains 0.03 milligrams of ethinylestradiol and 3 milligrams of drospirenone.1

One tablet of Yacella® should be taken every day until the blister strip is completed, followed by a 7 day pill-free interval before starting the next blister strip of Yacella® tablets.1

## If you received Yasmin® previously

Yacella® contains the same active ingredients in the same amounts as Yasmin®, and is therefore considered to work in the same way.1-4

Changing to Yacella® is as simple as getting used to the new packaging - you'll take the same number of tablets each month, and request repeat prescriptions in the same way as when you took Yasmin® 1,2 When taken correctly, Yacella® is just as effective at preventing pregnancy as Yasmin®.3,4

# Things to remember when taking Yacella®

#### Please read the Patient Information Leaflet carefully

You can download a replacement leaflet from https://www.medicines.org.uk/emc/files/ pil.12528.pdf if you lose or misplace the leaflet that was provided in the box with your Yacella® tablets.

### Request your repeat prescription before you run out of tablets

Please ensure that you contact your GP surgery before you finish the last blister strip provided in your Yacella® box (i.e. prior to the pill-free interval). This is important as you may need to allow time to schedule a check-up with a healthcare professional before you are given a repeat prescription.

If you want to ask any questions about the information contained in your Patient Information Leaflet or if you have any concerns, please speak to your doctor or other healthcare provider for advice and guidance.

Yasmin® is a registered trademark of Bayer PLC.

Yacella® is marketed in the UK by Morningside Healthcare Limited, Unit C, Harcourt Way, Leicester, LE19 1WP, UK.

References: 1. Morningside Healthcare Ltd. Vacella 0.03/3mg Film-coated Tablets. Summary of Product Characteristics. September 2021. Available at: https://www.medicines.org.uk/emc/product/12528 (accessed August 2022); 2. Bayer PLC. Vasmin film-coated tablets 0.03mg/3mg. Summary of Product Characteristics. October 2021. Available at: https://www.medicines.org.uk/emc/product/1607 (accessed August 2022); 3. MHRA. UK PAR Yacella 0.03 mg/3 mg Tablets. December 2015. Available at: https://mhraproductsproduction.blob.core.windows.net/docs/da60a925891cddb6994eeca362525262f534a3a163 (accessed August 2022); 3. Paracteristics.

4. Bayer PLC. Yasmin PlL. June 2021. Available at: https://www.medicines.org.uk/emc/files/pil.1607.pdf (accessed August 2022).

Patient Prescription Advisory Leaflet: Patients should always speak to their healthcare provider with any medical enquiries or concerns.

If you get any side effects, talk to your doctor or healthcare provider. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help to provide more information on the safety of this medicine. Adverse events should also be reported to Morningside Healthcare Ltd.'s Medical Information Department on Tel: 0116 478 0322